NEW! Family Wealth Preservation
This comprehensive seminar will shed light on the importance of core estate planning documents including wills, trusts, powers of attorney and health care directives. You will learn the differences between wills and trusts, and why you would choose one or the other for your estate plan. Attendees will also learn some of the basic rules of current gift and estate tax laws.

**Date:** Wednesday, October 21
**Session 1:** 1:00–2:30 p.m.
**Session 2:** 6:00–7:30 p.m.
**Tuition:** $15 per session
**Instructor:** Attorney Rich Behrendt, Director of Estate Planning at Annex Wealth Management

Social Security and Retirement Planning 101
All NEW three night course! Optimize your Social Security benefits and plan for a successful retirement. Break down the major financial roadblocks many are facing today. Learn how to prepare, plan and protect your money today, tomorrow and far into the future. Through examples, engaging exercises and case studies, this course will help position you for a brighter financial future!

**Session 1:** Thursdays, October 22, 29; November 5
**Session 2:** Tuesdays, November 3, 10, 17
**Time:** 6:00–8:30 p.m.
**Tuition:** $56, includes instruction for up to two individuals in the same household and one course manual.

**Instructors:** Bonita L. Graff, CPA, CFFA; Brenda L. Rolli, AAMS®; Cassandra N.F. Dorn, CFP® of Provident Financial Consultants, LLC

NEW! Planning for an Aging Population
This timely and educational seminar will address some of the more important planning considerations for aging Americans. If you are already in your retirement years, or if you are the caregiver of an aging parent, this seminar will provide important insight and useful information about some of the challenges we face in later-life. Topics will include: identifying diminished capacity, long-term care planning and senior housing considerations.

**Date:** Wednesday, October 28
**Session 1:** 1:00–2:30 p.m.
**Session 2:** 6:00–7:30 p.m.
**Tuition:** $15 per session
**Instructor:** Attorney Rich Behrendt, Director of Estate Planning at Annex Wealth Management

Inspire U!

NEW! Canvas & Corks
Canvas & Corks is a great way to enjoy a fun, relaxing, and social evening. A little paint, a little wine, and a TON of fun! We’ll guide you step-by-step in creating your own masterpiece, absolutely no experience is necessary. So, whether you are a marvelous artist or just hoping to discover your creative side, you will be amazed with your very own work of ART! Our experienced instructor and a glass of wine for inspiration are just what you need for a night of fun with friends. Get your Da Vinci on and be inspired at the U! Supplies and one glass of wine included.

**Session 1:** Tuesday, Sept. 29, “27 Birds” Jennifer Loomer
**Session 2:** Tuesday, Oct. 27, “Fall Trees” Cammie Walters
**Session 3:** Tuesday, Nov. 24, “Sunflowers” Vincent van Gogh
**Session 4:** Tuesday, Dec. 8, “Oh Christmas Tree” Richard Klingbiel
**Time:** 6:30–8:30 p.m.
**Tuition:** $35 per session
**Instructor:** Cammie Walters

NEW! Holiday Gift Workshop
Want to get inspired for the Winter Holidays? If you answered YES, then this class is for you! You can make beautiful Christmas ornaments, stamps and even holiday gift bags. Not only will you get inspired for the holidays you will get some of your Christmas gifts taken care of too!

**Dates:** Thursdays, December 3 & 10
**Time:** 6:30–8:00 p.m.
**Tuition:** $39
**Instructor:** Charles Wydeven

Chicago for a Day!
Spend the day in Chicago enjoying your favorite museum, The Magnificent Mile, or downtown Chicago. The route will include The Chicago Art Institute, The Field Museum, Shedd Aquarium, Adler Planetarium and Astronomy Museum, and Water Tower Place. Register early as the bus fills quickly!!

**Date:** Saturday, October 24, 2015
**Time:** We will leave the UW-Fond du Lac North Parking Lot at 7:15 a.m. and return at 9:30 p.m.
**Fee:** $54 (Museum admissions and meals not included.)
Fit & Fabulous at Fondy!

**Strong Women, Strong Bones™ Strength Training**
Want to get fit? Join this safe, effective, evidence-based strength training program designed by Dr. Miriam Nelson of Tufts University. It helps middle-aged and older women build muscle, strengthen bones, prevent frailty, improve balance and increase overall physical and mental health. Booster Pack option included for returning students that are ready. Space is limited.

**Fall 2015**
*Session 1:* Mondays and Wednesdays, Sept. 14–Nov. 18  
*Session 2:* Tuesdays and Thursdays, Sept. 15–Nov. 19

**Spring 2016**
*Session 1:* Mondays and Wednesdays, Jan. 25–Apr. 6  
*Session 2:* Tuesdays and Thursdays, Jan. 26–Apr. 7

*Registration for Spring 2016 sessions begins Dec. 14, 2015*  
**Time:** 9:00–10:00 a.m.  
**Fee:** $45 per session  
**Instructor:** Heather Holland, certified Strong Women, Strong Bones™ trainer  
**To register:** Contact Gloria Kelroy at (920) 929-3173 or Gloria.kelroy@ces.uwex.edu.  
Offered in partnership with FDL County UW-Extension

**Judo**
Want to learn more about Judo from an Olympic Silver Medalist? In this class students will learn the basic skills and terminology of Judo. The basic goal of Judo is to take an opponent down by using their energy against them and emphasizing defensive skills.  
**Dates:** Tuesdays, September 8–December 8  
**Time:** 1:30–3:10 p.m.  
**Tuition:** $139  
**Instructor:** Lynn Roethke

**Hatha Yoga**
Are you stressed from work or just want to unwind from a long day? Then this is the class for you, it focuses on physical health and mental well-being with the goal of bringing about a sound, healthy body and a clear, peaceful mind. This beginning class helps you become familiar with yoga through poses, breathing techniques and meditation.  
**Dates:** Mondays and Wednesdays, Sept. 21–Nov. 25  
**Time:** 11:00 a.m.–12:15 p.m.  
**Tuition:** $99 OR purchase a 10 session punch card for $65  
**Instructor:** Lora Vahlsing

For more information or to register, call (920) 929-1155 or visit fdl.uwc.edu/ce

---

**Online Learning**

**Professional Development Courses & Certificates**

**LERN**
Online learning is easy and fun! The Learning Education Resources Network (LERN) offers online certificates and courses provided by expert instructors. Participate anytime day or evening, from any computer. LERN offers certificates and courses in Business, Business Communication, Career Skills, Health, Human Resources, Leadership, LEED Green Workplace, Management, New Media Marketing, Professional Development, Social Media for Business, Courses for Parents, Training and Education, and Training for K12 Teachers.

For a list of courses and certificates, visit yougotclass.org/catalog.cfm/uwfonddulac.

**Ed2Go**
Learn more. When and where you want! Ed2go offers engaging, instructor-led courses with interactive student discussion. Categories include: Accounting and Finance, Business, College Readiness, Computer Applications, Design and Composition, Health Care and Medical, Language and Arts, Personal Development, Teaching and Education, Technology, and Writing and Publishing. Ed2go also offers career training certification programs.

For a list of courses and certificates, visit ed2go.com/uwfdl.

**The Center for Legal Studies**
The Center for Legal Studies offers affordable programs, flexible course schedules and courses taught by practicing lawyers and paralegals. Legal Education is our specialization!


For more information, visit fdl.uwc.edu/community/continuing-ed/online.

---

**CAMPUS PREVIEW**

**Wednesday, Oct. 14**
**6:00 P.M.**

Area high school students and their families are invited to learn more about admission, the Guaranteed Transfer Program, how to start one of more than 200 majors and the types of financial aid and scholarships available.

**Sign up online at FDL.UWC.EDU**  
or call (920) 929-1122

**there’s a U for YOU!**
**Youth Courses**

**NEW! Incredible Eggbotics: Intersection of Art & Technology**  
(Grades 5 and up)  
Back by popular demand! If you didn’t take this during College for Kids this past summer, now is YOUR chance to join the fun! Build the ultimate art-robot—a computer controlled robotic machine that draws on any sphere— including eggs! You will learn the basics of computer based graphic design and output your designs to your Sphere-Bot. The Sphere-Bot and software are yours to keep when the class is through.  
**Dates:** Mondays & Wednesdays, Oct. 5–28  
**Time:** 4:00–6:30 p.m.  
**Tuition:** $159  
**Instructor:** John Papenheim

**NEW! Kids n’ Canvas**  
(Grades 2–6)  
Spend a fun evening with your friends, or make new ones, as you explore your creative side and paint your own masterpiece to take along with you that evening. Learn about the life and art of Pablo Picasso, Georgia O’Keeffe, Vincent van Gogh, and Claude Monet. No experience is necessary, our talented instructor will guide you step-by-step. Supplies are included.  
**Session 1:** Tues., Sept. 29, “Hands with Flower” Picasso  
**Session 2:** Tues., Oct. 27, “Head with Broken Pot” O’Keeffe  
**Session 3:** Tues., Nov. 3, “Sunflowers” Van Gogh  
**Session 4:** Tues., Dec. 8, “Christmas Roses” Monet  
**Time:** 4:30–6:00 p.m.  
**Tuition:** $15 per session, includes supplies  
**Instructor:** Cammie Walters

**Youth Athletics**

**Tough Girls Basketball Camp**  
(Grades 6–7 and 8–12)  
The “Tough Girls” basketball camp is camp unlike any you’ll ever find! Fundamentals is a big part of what we will work on, but unlike many other camps, we like to work on other aspects of your game. This camp is designed to stress conditioning drills, transition and layup drills, and the speed of the game! Players will work on ball handling drills, competitive individual and team drills, along with scrimmages each practice. Expect an exciting, yet tough and physically demanding practice to start from finish… Tough Girl Tough!  
**Dates:** Saturdays, October 3, 10, 17, 24  
**Times:** Grades 6–7, 1:45–3:15 p.m. and Grades 8–12, 3:30–5:00 p.m.  
**Tuition:** $50  
**Instructor:** Jason Ransom

**Mary Kelly Youth Gymnastics**  
Parent, Infants & Toddlers in Motion  
(Ages 1–3 years)  
Parents come and join the fun during this class. You will have the opportunity to work one-on-one with your child in a safe environment exploring balance, coordination, rhythm and more. You and your child will experience music and movement activities and learn how to jump, climb and land safely as your child explores the world around them.  
**Dates:** Saturdays, October 3, 10, 17, 24, 31  
**Time:** 8:30–9:00 a.m.  
**Tuition:** $39  
**Director:** Heather Kill

**Run, Jump and Tumble**  
(Ages 3–4 years)  
Bring your friends and get ready to run, jump and tumble! This beginner gymnastics program is sure to excite your preschooler. With music, exploratory movement and basic gymnastics, this class will offer the opportunity for your child to increase his/her attention span, balance and coordination while meeting new friends and having fun!  
**Dates:** Saturdays, October 3, 10, 17, 24, 31  
**Time:** 9:10–10:00 a.m.  
**Tuition:** $49  
**Director:** Heath Kill

**Tiny Tumblers**  
(Ages 5–6 years)  
Let’s get ready to tumble! Does your child like to climb, flip, roll and run? Then this exciting class of basic gymnastics is for you. This program uses gymnastics to teach balance, coordination and flexibility while meeting new friends and having fun! Children will have the opportunity to explore gymnastics equipment and physical activity in creative ways that keep them motivated and excited for more!  
**Dates:** Saturdays, October 3, 10, 17, 24, 31  
**Time:** 10:10–11:25 a.m.  
**Tuition:** $59  
**Director:** Heather Kill

**ACT Prep Courses**

**NEW! Self Directed Online ACT Prep Course**  
UW-Fond du Lac’s Online ACT Prep Course empowers students to prepare for the ACT on their own time. This prep course offers a great option for students who want 24/7 access and a more flexible schedule. Begin with an online pre-test to determine what areas you should focus your efforts on then take up to five months to complete the self-paced course and finish with an online assessment that evaluates how much you’ve improved.  
**Tuition:** $165

**ACT Strategies Prep Course**  
This course is designed to assist students in time for upcoming testing dates.  
• Learn from top-rated instructors from local schools.  
• Take this course when you need it most, just prior to taking the actual ACT exam, so you are less likely to forget what you have learned.  
• Pinpoint your strengths and weaknesses by taking a diagnostic practice test to determine what areas you need to brush-up on before taking the actual exam.  
• Learn a variety of test-taking strategies that can help you increase your speed and accuracy, while alleviating test anxiety.  
**Session 1** (in time for the October 24 ACT testing date):  
Sept. 26 English, Reading, Writing and Test Strategies; Oct. 3 Science and Math; Oct. 10 practice test  
**Session 2** (in time for the December 12 ACT testing date):  
Oct. 31 English, Reading, Writing, and Test Strategies; Nov. 7 Science and Math; Nov. 14 practice test  
**Session 3** (in time for the April 9 ACT testing date):  
March 5 English, Reading, Writing and Test Strategies; March 12 Science and Math; March 19 practice test  
**Session 4** (in time for the June 11 ACT testing date):  
May 7 English, Reading, Writing and Test Strategies; May 14 Science and Math; May 21 practice test  
**Time:** 8:00 a.m.–12 noon  
**Note:** Each Session is three Saturdays, to receive the full benefit of this course, it is important to attend all classes within the session. Course details will be emailed in a confirmation letter before the course begins.  
**Tuition:** $139/session includes a required textbook that will be distributed at the first class.
We offer a variety of courses for all ages, taught face-to-face and online, plus travel opportunities and more!

From youth to adult, never stop learning!

For more information, call (920) 929-1155 or visit fdl.uwc.edu/ce